

**Behavior Health Intervention Services (BHIS) is a free service that provides in home counseling services to children ages 4-18 that have a variety of behaviors such as anger management, impulse control, respectful communication skills, conflict resolutions skills, etc.**

*Benefits:*

- Flexible scheduling
- In person or virtual sessions
- Family focused sessions providing parents with practical tip for supporting their child at home and in the community
- Connects families with appropriate mental health resources



*Eligibility:*

- Participant must have Medicaid to qualify for BHIS
- The Building Family Strengths Program through Families Incorporated is a BHIS-like program for families that do not have Medicaid (listed below)

***All agencies below serve families in the Dubuque area***

**Families First Counseling Services**

2774 University Ave Suite D Dubuque, IA 52001  
888-316-3025

**Heart and Solutions, LLC**

P.O. Box 223 Grundy Center, IA 50638  
800-531-4236

**Hillcrest Family Services**

2005 Asbury Rd. Dubuque, IA 52001  
563-583-7357

**Life Connections**

210 Jones St. Door H Suite 108  
Dubuque, IA 52001  
563-265-8694

**Lutheran Services of Iowa**

2255 JFK Rd Dubuque, IA 52002  
563-582-0044

**Families Incorporated**

233 South 2<sup>nd</sup> Street  
West Branch, IA 52358  
(319) 643-2532

\*Request Building Family Strengths  
Program funded by East Central Region

